

## SANKOFA DANZAFRO DANCE AND MUSIC WORKSHOPS

Classes can be offered to all backgrounds from novice to professional and all ages. Capacity is based on the size of space and the number of participants.

### Dance workshops

These dances, traditional and urban, show the fight to exist and re-exist of the black communities in Colombia. These are expressions that are kept and performed in the present moment by adults, youth, and children.

- **Afro-Colombian traditional dances:** afro-Colombian dances from the North and South Pacific region in Colombia as well as the region known as Urabá Antioqueño such as Currulao, Bullerengue, Abosao, Tamborito, Jota, among others.

- Instructors: Yndira Perea, Camilo Perlaza, Feliciano Blandón.

Currulao (22:11) [https://www.youtube.com/watch?v=ZpmBIP\\_51nU](https://www.youtube.com/watch?v=ZpmBIP_51nU)

Abosao (3:21) <https://www.youtube.com/watch?v=s7boJTmgmEU>

Jota (3:54) [https://www.youtube.com/watch?v=ZpmBIP\\_51nU](https://www.youtube.com/watch?v=ZpmBIP_51nU)

Bullerengue: <https://www.youtube.com/watch?v=39sUWUSLObM>

- **Salsa Choque:** Afro-Colombian urban dance form based on Salsa dance in dialogue with the hip hop universe. It's so popular that even the Colombian soccer team celebrates dancing it after scoring a goal.

- Instructors: Yndira Perea, Camilo Perlaza, Feliciano Blandón.

<https://www.youtube.com/watch?v=LIw9aiPDqN8>

<https://www.youtube.com/watch?v=Jjho2JGpQjg>

### Other dance techniques

- **Afro-contemporary dance:** dance technique created in Senegal at the Mudra-Afrique school, championed by the celebrated [Germaine Acogny](#). This technique uses an exploration of contemporary dance with traditional African dances as its base.

- Instructors: Rafael Palacios, Yndira Perea.

### Additional info:

- For all the workshops music could be live or recorded music.
- Classes can be one hour to two hours dependent on size of the room, number of participants and background.
- A dance studio or wooden floor room big enough for 20 people.

### Music workshops:

- **Afro-Colombian music:** it will explore specific afro-Colombian rhythms played with the *alegre* drum and *tambora* such as Cumbia, Bullerengue and Mapalé.

Cumbia: (2:50 & 10:35) [https://www.youtube.com/watch?v=Wv58L0j\\_V8Y](https://www.youtube.com/watch?v=Wv58L0j_V8Y)

Bullerengue: <https://www.youtube.com/watch?v=39sUWUSLObM>

Mapalé: (1:45) <https://www.youtube.com/watch?v=Yk4fNSFefWE>

### Lectures by Rafael Palacios

- Afro-Colombian dance
- Afro-Colombian dance with a decolonial approach